



Simple Holiday Salad

Ingredients:

DRESSING:

- ½ cup oil (such as olive oil)
- One fourth cup apple cider vinegar
- One fourth cup apple juice or cider
- One tbsp lemon juice
- 2 tbsp honey
- salt and pepper to taste

SALAD:

- 5 cups greens (such as lettuce, spinach, etc.) - about the same amount as a 5oz container
- One large apple (such as honey crisp, etc) and/ or pear, sliced or cubed
- 2 mandarin orange cups, drained or slices from one orange
- ½ cup nuts (pecans, walnuts, etc.)

Directions:

Prepare the Fruit and Vegetables:

- Wash and chop the apples. Make sure the greens are washed.

Mix the Salad:

- In a large bowl, combine the greens, apple, oranges, and nuts.

Make the Dressing:

- In a medium bowl, mix the olive oil, apple vinegar and juice, lemon juice, honey, salt, and pepper.

Toss the Salad:

- Pour the dressing over the salad.
- Toss gently to coat everything.

Serve:

- Serve immediately or make ahead by one day. Recommended to separate salad from dressing until ready to serve.

Ideas:

- Add more mix-ins of your liking. This could include pomegranate seeds, dried fruit, microgreens, your favorite cheese, etc.