

**2024 Older Adult Program**

*You MUST call or email to sign up in advance!*

**(260) 422-6618**

**Mandy ext. 104**

**Mary ext. 105**

**Wellspring: 1316 Broadway Ft. Wayne, IN 46802**



Tuesday		Wednesday		Thursday	
		<b>BLACK HISTORY MONTH</b>		1	10:30 - 12:30
				Oak Street: Heart Health	
6	10:30 - 12:30	7	10:00 - 11:00	8	10:30 - 12:30
Credit Union: Budgeting		Edsall House Chair Yoga		Lori from Purdue Nutrition Class	
13	10:30 - 12:30	14	10:00 - 11:00	15	10:30 - 12:30
Peg from ACPL Slides		Edsall House Chair Yoga		Lori from Purdue Nutrition Class	
20	10:30 - 12:30	21	10:00 - 11:00	22	10:30 - 12:30
Jared the Comfort Dog/Pool Noodles		Edsall House Chair Yoga		Lori from Purdue Nutrition Class	
27	10:30 - 12:30	28	10:00 - 11:00	29	10:30 - 12:30
BINGO and Birthdays		Edsall House Chair Yoga		Lori from Purdue Nutrition Class	

